

D6 Curriculum

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LESSON 1 TEACHING OUTLINE
SEPTEMBER 6, 2026

FAMILY THEME

The Foundation of Scripture

STUDY TEXT

2 TIMOTHY 3:16; 2 PETER 1:20-21

Connect

VIDEO: Show this video which explains that many people develop confidence in the reliability and authority of Scripture through their encounters with the teachings of Jesus (tinyurl.com/D6Taking).

CONVERSATION STARTER: Ask your group: *What is the difference between saying, “Everything in the Bible is true” and “Everything the Bible affirms is true”?* Explain that Scripture sometimes records false statements accurately as part of historical events or conversations.

CULTURAL MOMENT: The American Bible Society’s *State of the Bible* research shows that Bible engagement directly correlates with human flourishing. People who read, study, or listen to the Bible four or more times each week rate significantly higher in factors related to human flourishing.

Teaching the Truth

BIG IDEA 1: Scripture Claims to Be the Word of God
Hebrews 1:1; Deuteronomy 4:2; Proverbs 30:5-6)

Live It Out: Recognize Scripture as God’s Word and intentionally prioritize it in your daily decisions this week.

- *What makes the Bible different from every other book ever written? Why does it matter whether the Bible truly comes from God?*
- *What voices or influences compete with Scripture for authority in people’s lives today?*

Live It Out: Identify one area of life where you need to submit more fully to the authority of Scripture.

- *What evidence or truth most strengthens your confidence that the Bible is the Word of God?*
- *How does Jesus’ view of Scripture shape the way Christians should approach the Bible today?*

Encourage learners to memorize the Family Scripture of the Month (**Hebrews 4:12**) along with family members.

Pass out copies of the AH 1-2 *Adult Member Outline* and display the AH 1-3 (*The Bible*) poster.

BIG IDEA 2: Scripture Is Breathed Out by God
(2 Timothy 3:16; 1 Thessalonians 2:13)

Live It Out: Recognize that Scripture comes from God and approach His Word with greater trust, reverence, and obedience this week.

- *What does it mean that Scripture is “God-breathed”?*
- *Why is it important that God worked through human authors while guiding the writing of Scripture?*
- *How does understanding Scripture’s divine source affect the way believers should approach the Bible?*
- *What dangers arise when people treat Scripture as merely human opinion?*

BIG IDEA 3: The Holy Spirit Guided the Writing of Scripture
(2 Peter 1:20–21)

Live It Out: Spend time this week reading Scripture with confidence that the Holy Spirit faithfully revealed God’s truth.

- *Why does fulfilled prophecy strengthen confidence in the truthfulness of Scripture?*
- *How does understanding the Holy Spirit’s role in Scripture affect the way believers read the Bible?*

Live It Out: Identify one area where you need to trust and follow Scripture more fully in your daily life.

- *How should confidence in the trustworthiness of Scripture affect the way believers live?*
- *Why does it matter that Christians believe the Bible is truthful in all that it affirms?*

Respond

REFLECTION: Since God valued communicating truth to us so deeply, how should we value, trust, and respond to Scripture? What does that look like in our daily lives?

FAITH AT HOME: Encourage group members to establish habits of Scripture reading and discussion at home. *D6 Discipleship Journals* provide practical ways for families to do this.

TRUTH IN ACTION: Encourage learners to identify one thought, attitude, behavior, or habit of theirs that does not align with the teaching of Scripture. Challenge them to bring that area under the authority of God’s Word and take one practical step toward obedience this week.

Distribute copies of *As You Go* (AYG-1) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.

SEPTEMBER 6, 2026

The Foundation of Scripture

STUDY TEXT: [2 TIMOTHY 3:16; 2 PETER 1:20-21](#)

BIG IDEA 1:

Scripture Claims to Be the Word of God (Hebrews 1:1; Deuteronomy 4:2; Proverbs 30:5-6)

Notes and application:

BIG IDEA 2:

Scripture Is Breathed Out by God (2 Timothy 3:16; 1 Thessalonians 2:13)

Notes and application:

BIG IDEA 3:

The Holy Spirit Guided the Writing of Scripture (2 Peter 1:20-21)

Notes and application:

What will I put into practice this week?

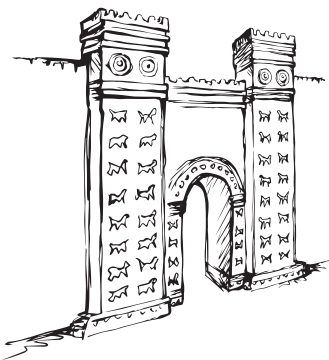
Prophecies *in* Daniel

The prophecies of the four ancient empires recorded in Daniel provide such elaborate detail that liberal theologians argued the book of Daniel had to have been written during the Maccabean period.

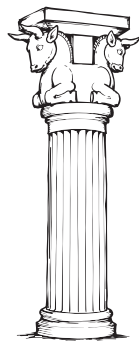
Daniel was taken to Babylon as a youth in 605 BC. Daniel had a dream the first year Belshazzar became co-regent of Babylon (c. 550 BC). Daniel described the characteristics of the Babylonian, Medo-Persian, Greek, and Roman empires with remarkable distinction (Daniel 7–8). Daniel referenced a prophetic vision during the third year of the reign of King Cyrus of Persia (Daniel 10:1), which historians date to around 535 BC. Daniel prophesied there would be four more kings of Persia—that last king, often identified as Xerxes, would incite conflict with the kingdom of Greece (Daniel 11:2). Then a mighty king, widely understood to be Alexander the Great, would arise, but as soon as he dominated, the kingdom would be divided four ways among his generals rather than passed to his descendants (Daniel 11:3–4).

The conflict between the “king of the North” and “king of the South” foretells dramatic events between the Seleucid and Ptolemaic kingdoms. Daniel describes alliances, intrigue, victories, defeats, battle plans, the rise of the Roman Empire, the desecration of the Temple in Jerusalem under Antiochus Epiphanes (168 BC), and the rise of Jewish opposition through the Maccabees (Daniel 11:5–35).

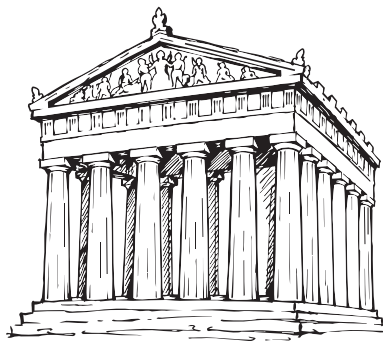
Some interpreters see parallels to Herod the Great in the latter part of Daniel 11, while others consider this section as prophecy of the end-time Antichrist. Jesus’ warning of the destruction of the Temple and the “abomination of desolation” (Matthew 24:2; 24:15) suggests the prophecy could be interpreted as having more than one fulfillment, including events in 168 BC, AD 70, and the future.



Babylon



Medo Persia



Greece



Rome

LESSON 2 TEACHING OUTLINE

SEPTEMBER 13, 2026

FAMILY THEME

How Did We Get The Bible?

STUDY TEXT

[PSALM 119:89; ACTS 2:6-8](#)

Connect

VIDEO: Share this video of New Testament textual scholar Daniel Wallace addressing how we can trust the New Testament when the copies of manuscripts have differences: tinyurl.com/D6Wallace.

OBJECT LESSON: Write this sentence in a notebook: *The bewildered bookkeeper carefully compared the committee's complicated recommendation before approving the final copy.* Pass the notebook to several people in the group, allowing each person to write the sentence and compare their copy to the previous page for accuracy. Say: *This helps us understand how biblical manuscripts were preserved.*

CONVERSATION STARTER: Ask group members to guess how much the following documents sold for:

- United States Constitution – \$43,200,000 (2021) – original first-printing copy
- Codex Sassoon – \$38,126,000 (2023) – 1,100-year-old Hebrew Bible manuscript
- Codex Leicester – \$30,802,500 (1994) – Leonardo da Vinci's scientific notebook

Then ask, *What makes these documents so valuable?*

Teaching the Truth

BIG IDEA 1: The People of God Treasure the Word of God (Job 23:11–12)

Live It Out: Treasure God's Word by reading it, studying it, and trusting it.

- *Why was preserving and studying Scripture so important to God's people throughout history?*
- *How does Jesus' use of the Old Testament strengthen confidence in the Hebrew Scriptures?*

Live It Out: Approach Scripture with confidence, knowing God faithfully preserved His Word through generations of believers.

- *Why would the early Christians consider the writings of the apostles as authoritative?*
- *Why is it important to understand that the church recognized Scripture rather than creating it?*

Pass out copies of the AH 2-2 Adult Member Outline.

Encourage learners to memorize the Family Scripture of the Month (**Hebrews 4:12**) along with family members.

BIG IDEA 2: God Has Assured Us His Word Will Endure
(Psalm 119:89; Isaiah 40:8; Mark 13:31)

Live It Out: Rely on the unchanging Word of God as the trustworthy guide for your life.

- *What is the significance of having such an abundance of manuscripts of the biblical text?*
- *What does the preservation of Scripture across centuries reveal about God’s character?*

Live It Out: Trust that God has faithfully preserved His truth, even when critics question the reliability of Scripture.

- *Some critics will use textual variations to question the reliability of Scripture. Why should textual variations not undermine a believer’s confidence in Scripture?*
- *How should confidence in the truthfulness and preservation of Scripture shape the way Christians live today?*

BIG IDEA 3: God Communicates His Word in the Language of the People (Mark 15:34–35; Acts 2:6–8)

Live It Out: Help others understand God’s Word by supporting efforts to make Scripture available in every heart language.

- *Why is it important for people to have the Bible in their heart language?*
- *What does Pentecost reveal about God’s desire for people from every culture and language to hear His truth?*
- *What can Christians do to help make the Bible more understandable and accessible to others?*
- *What can Christians do to help younger generations better understand and engage with God’s Word?*

Respond

REFLECTION: Encourage learners to thank God for preserving His Word and to take advantage of the access we have to Scripture today by reading, studying, and applying God’s Word in their daily lives.

APOLOGETICS: We need to equip ourselves with answers to the challenges we encounter concerning the preservation of God’s Word. Encourage group members to explore videos and resources from scholars such as Daniel Wallace and Michael J. Kruger.

SHARING ONE’S FAITH: Encourage group members to help make God’s Word understandable and accessible to others. Suggest supporting Bible translation ministries, providing Bibles to younger Christians or seekers, or helping others engage with Scripture in ways that connect to their heart language and life experiences.

Distribute copies of *As You Go* (AYG-2) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.

Encourage learners to memorize the Family Scripture of the Month (**Hebrews 4:12**) along with family members.

SEPTEMBER 13, 2026

How Did We Get the Bible?

STUDY TEXT: [PSALM 119:89; ACTS 2:6-8](#)

BIG IDEA 1:

The People of God Treasure the Word of God (Job 23:11-12)

Notes and application:

BIG IDEA 2:

God Has Assured Us His Word Will Endure (Psalm 119:89; Isaiah 40:8; Mark 13:31)

Notes and application:

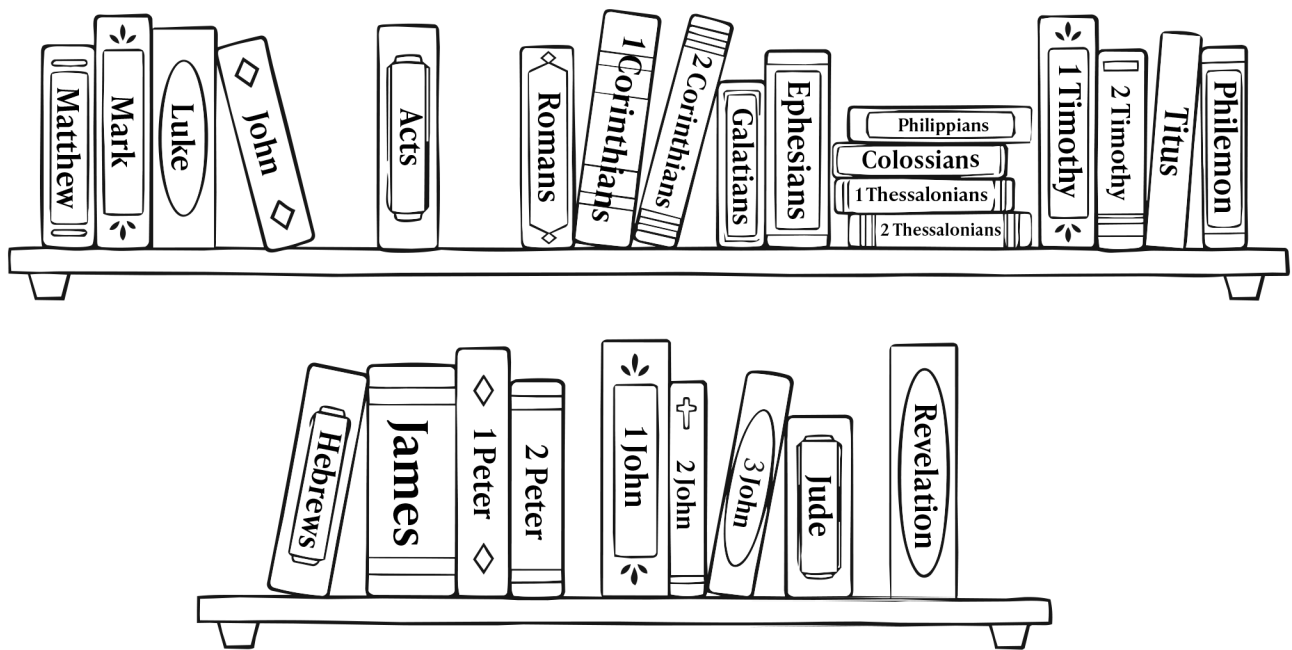
BIG IDEA 3:

God Communicates His Word in the Language of the People (Mark 15:34-35; Acts 2:6-8)

Notes and application:

What will I put into practice this week?

HOW THE New Testament Canon WAS RECOGNIZED



We should avoid the mistaken notion that men decided what would be the Word of God. Some skeptics argue that political leaders or church councils selected which books would be included in the Bible, but this idea does not reflect how the New Testament was formed. Most of the writings of the apostles were recognized as authoritative as they were written. The records of Jesus' ministry were written during the lifetime of many eyewitnesses who could verify the accuracy of the Gospel accounts. The apostle John lived until around the end of the first century, with his writings being the last of the New Testament writings to be completed.

Before the end of the second century most of the books of our New Testament were already recognized as Scripture. A document called the *Muratorian Fragment*, dated to around AD 170, listed the books viewed by Christians as authoritative Scripture, which included most of the current New Testament. Athanasius of Alexandria wrote a letter in AD 367 that included the complete list of New Testament books. The first church councils to discuss the list of New Testament books were the Synod of Hippo (AD 393) and the Council of Carthage (AD 397). These councils did not "decide" the list of books; they simply acknowledged the list of books that were being used by the church and affirmed their use.

As Dr. Robert Picirilli has stated, "It is more correct to say that the Christian church 'received' or 'accepted' or 'recognized' the inspired writings than to say that the church 'determined' or 'decided' which writings belonged in the Bible. . . . The providence of God preserved His inspired Word."

Translations

Does it change the unchanging Word of God when it is translated differently? Apparently not, as far as the Holy Spirit is concerned. The New Testament quotations of Old Testament passages provide clear examples of free translations and paraphrases. Luke recorded Jesus' reading of Isaiah 61:1–2 in the synagogue in Nazareth. A careful comparison of Luke 4:18–19 shows distinct differences in the wording.

Isaiah 61:1–2, KJV

The Spirit of the Lord **God** is upon me;
because **the LORD** hath anointed me to
preach **good tidings unto the meek**; he hath
sent me to **bind up** the brokenhearted, to
proclaim liberty to the captives, and
_____,
the opening of the prison to them that are
bound;

To **proclaim** the acceptable year of the LORD,

Luke 4:18–19; Isa. 42:7, KJV

The Spirit of the Lord _____ is upon me,
because **he** hath anointed me to
preach **the gospel to the poor**; he hath
sent me to **heal** the brokenhearted, to
preach deliverance to the captives, and
recovering of sight to the blind,
to **set at liberty** them that are
bruised,

To **preach** the acceptable year of the Lord.

The phrase “recovering the sight to the blind” is from Isaiah 42:7, so Luke was still correct in saying that Jesus read from the scroll of Isaiah (Luke 4:17). The phrase appears in the Septuagint, the Greek translation of the Old Testament, which is another example of a textual variant. There are a variety of explanations for the differences, but given our understanding of Scripture and view of inspiration, most are not acceptable.

NONE OF THE FOLLOWING VIEWS ARE ACCEPTABLE:

1. Luke misquoted Jesus
2. Jesus misquoted Isaiah
3. Jesus corrected what Isaiah should have written

THE FOLLOWING OPTIONS ARE ACCEPTABLE:

1. Jesus read from the Septuagint (but not likely)
2. Jesus read the Hebrew, but Luke used the Greek Septuagint when writing

The interesting conclusion about the latter two options is that the Holy Spirit inspired the writing of Isaiah and Luke. Our view of Bible translation has to be broad enough to accept that what Luke said Jesus said Isaiah said is the Word of God. In other words, what Luke reported about what Jesus read from what Isaiah wrote is the inspired Word of God even though there are translation differences.

LESSON 3 TEACHING OUTLINE

SEPTEMBER 20, 2026

FAMILY THEME

Who Is God?

STUDY TEXT

GENESIS 1:1; ROMANS 1:19–20

Connect

VIDEO: Begin by showing this video that asks, “Who is God?” (tinyurl.com/WhoGodD6). Discuss the video and ask what evidence best supports the existence of God.

CULTURAL MOMENT: According to a 2025 report from Pew Research Center (tinyurl.com/PewGod2025), 83% of U.S. adults believe in God or a universal spirit. After discussion, say, *Many people believe in a higher power, but far fewer believe in the God of the Bible.*

OBJECT LESSON: Bring in an object like a watch, phone, book, or a picture of a sandcastle. Show this to the group and ask, *Would anyone believe this just appeared on its own without a maker? Why not?*

Teaching the Truth

BIG IDEA 1: Creation Points to a Creator (Genesis 1:1)

Live It Out: Be confident in God’s existence as you consider the wonder and complexity of life and creation.

- *How does the First Cause Argument help explain why the universe points to a Creator? (Everything that begins to exist must have a cause, and the God of the Bible is the best explanation for that cause.)*
- *What questions naturally arise when we think about where everything came from?*
- *How does Genesis 1:1 help answer those questions?*
- *How does understanding God as eternal shape the way you think about Him?*

BIG IDEA 2: Design Points to a Designer (Romans 1:19–20; Psalm 19:1)

Live It Out: As you observe the world around you, take time to notice specific examples of design in creation. Let them remind you of God’s power and presence.

Pass out copies of the AH 3-2 Adult Member Outline.

Encourage learners to memorize the Family Scripture of the Month (**Hebrews 4:12**) along with family members.

- *What are some examples of design in the world that stand out to you?*
- *How do these examples point beyond themselves to a Creator?*

Live It Out: Let the beauty and order of creation lead you to worship God as the Designer and Sustainer of all things.

- *How does Psalm 19:1 deepen your understanding of what creation reveals about God?*
- *In what ways does recognizing God as the Designer lead to worship and gratitude?*

BIG IDEA 3: Our Sense of Right and Wrong Points to a Righteous God (Romans 2:12–15; Hebrews 10:16)

Live It Out: Notice moments of fairness and injustice this week and let them point to the reality of a righteous God who has set a standard for all people.

- *Why do people across different cultures often agree on certain moral truths?*
- *What challenges would arise if morality were based only on personal or cultural opinions?*

Live It Out: Consider how our shared awareness of right and wrong points to God as the ultimate standard, and look for opportunities to share that truth with others.

- *What does our shared sense of right and wrong suggest about where morality comes from?*
- *What is the difference between simply trying to be a moral person and living in response to God as the ultimate standard of right and wrong?*

Respond

SHARING ONE'S FAITH: Identify one person who may have questions about God's existence. Start a conversation with that person by asking a simple question like, "What do you think about God?" Then share one idea from today's lesson.

FAITH AT HOME: Encourage group members to talk with their family this week about one way we can know God exists. Suggest choosing one example from the lesson—creation, design, or morality—and discussing it together in simple terms.

REFLECTION: Challenge group members to reflect on which truth from today's lesson strengthens their confidence in God the most. Encourage them to write down one reason they believe God exists and how that truth shapes the way they view the world.

Distribute copies of *As You Go* (AYG-3) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.

SEPTEMBER 20, 2026

Who Is God?

STUDY TEXT: [GENESIS 1:1; ROMANS 1:19-20](#)

BIG IDEA 1:

Creation Points to a Creator (Genesis 1:1)

Notes and application:

BIG IDEA 2:

Design Points to a Designer (Romans 1:19–20; Psalm 19:1)

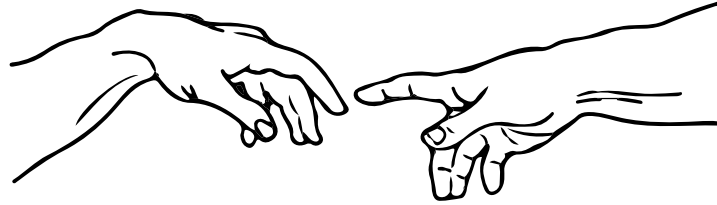
Notes and application:

BIG IDEA 3:

Our Sense of Right and Wrong Points to a Righteous God (Romans 2:12–15; Hebrews 10:16)

Notes and application:

What will I put into practice this week?



Evidence *That* Points *to* God

CAN WE KNOW THAT GOD EXISTS?

The Bible declares that God exists, and the world around us supports that truth. Creation, design, and morality all point to a Creator.

1. Creation Points to a Creator

Everything that begins to exist has a cause.

THE FIRST CAUSE ARGUMENT:

1. Whatever begins to exist has a cause
2. The universe began to exist
3. Therefore, the universe had a cause

The Bible identifies this cause as God (Genesis 1:1).

2. Design Points to a Designer

Complex design points to an intelligent designer.

EXAMPLES OF FINE-TUNING:

- The human body processes sustain life constantly
- Earth is perfectly positioned for life
- Jupiter helps shield Earth from impacts
- DNA contains vast, precise information

3. Morality Points to a Moral Lawgiver

Our sense of right and wrong points beyond ourselves.

THE MORAL LAW ARGUMENT:

1. If objective moral values exist, God exists
2. Objective moral values exist
3. Therefore, God exists

4. God Has Made Himself Known

THROUGH SCRIPTURE:

- Written over 1,500 years by approximately 40 authors
- One unified message pointing to God's plan

THROUGH PERSONAL EXPERIENCE:

- Many people have experienced God's work in their lives

THE QUESTION IS NOT JUST

“Does God exist?”

BUT

“Who is He, and how will I respond?”

What Do You Believe About God?

Take a few minutes this week to reflect on what you’ve learned about God. Use the space below to think, pray, and write your responses.

1. Which truth from this lesson strengthens your confidence in God the most?

2. Write one reason you believe God exists:

3. How does that truth shape the way you view the world?

4. How could this confidence influence your conversations this week?

5. How could this confidence influence your decisions this week?

“What we believe about God changes everything.”

LESSON 4 TEACHING OUTLINE

SEPTEMBER 27, 2026

FAMILY THEME

Who Is Jesus?

STUDY TEXT

MATTHEW 27:45–28:10

Connect

VIDEO: Consider showing this video where people attempt to answer the question, Who Is Jesus? tinyurl.com/WhoD6.

CONVERSATION STARTER: Before this lesson, ask on social media or via text: “Who is Jesus?” Read a few responses to the group and ask: *What are some common ways people answer that question?*

CULTURAL MOMENT: Ask: *If someone asked people in our city to describe Jesus in just one word or phrase, what do you think they would say? What would the answers be if we asked people in our church? Write answers on the board.*

Teaching the Truth

BIG IDEA 1: Jesus Is the Promised Messiah Who Is Fully God and Fully Man (Isaiah 7:14; 9:6–7; Luke 2:25–32)

Live It Out: Trust that God keeps His promises by looking to Jesus, the Savior He sent.

- *What do these prophecies teach us about who Jesus is?*
- *How do these fulfilled prophecies show us that we can trust what the Bible says about Jesus?*

Live It Out: Respond to who Jesus is by trusting Him and following Him as Lord in your everyday life.

- *How does understanding that Jesus is both fully God and fully man shape the way you relate to Him?*
- *What does it look like to trust Jesus as Lord in your everyday life?*

Pass out copies of the AH 4-2 Adult Member Outline.

BIG IDEA 2: Jesus Died and Rose Again to Defeat Sin and Death (Matthew 27:45–28:10)

Live It Out: Take time to reflect on what Jesus endured on the cross and what His sacrifice means for you.

- *What difference does it make to know that Jesus’ death was part of God’s plan and not an accident?*
- *What stands out to you most about what Jesus endured on the cross?*

Live It Out: Live in the hope and freedom that come from knowing Jesus has defeated sin and death.

- *What does Jesus’ resurrection show us about who He is?*
- *How does knowing Jesus has defeated sin and death change the way you live today?*

BIG IDEA 3: Jesus Is the Only Way to God (John 14:6; Romans 3:23–24; Galatians 2:16)

Live It Out: Take time to consider what Jesus claims about Himself and what that means for you.

- *Why do you think Jesus’ claim to be the only way to God can be difficult for people to accept?*
- *What makes Jesus trustworthy when He says He is the only way to God?*

Live It Out: Respond to the good news of the gospel by trusting in Jesus and resting in what He has done for you.

- *Why is it important to understand that we cannot earn our way to God?*
- *What does it look like to trust Jesus instead of relying on our own efforts?*

Respond

REFLECTION: Encourage learners to write down how they would answer the question, “Who is Jesus?” Then invite them to reflect on whether their daily lives align with that belief and to identify one area where they need to trust or follow Him more fully.

FAITH AT HOME: Encourage group members to have a conversation with their family or someone close to them about who Jesus is. Read a key passage together (John 14:6 or Matthew 28:1–10) and discuss what it reveals about Jesus and how that truth shapes everyday life.

TRUTH IN ACTION: Encourage group members to identify one area of their daily lives where they need to submit to Jesus as Lord. Challenge them to take one intentional step this week to follow Him more closely in that area, whether in their decisions, priorities, or relationships.

Distribute copies of As You Go (AYG-4) and encourage your learners to complete the daily devotions in their D6 Discipleship Journals this week.

SEPTEMBER 27, 2026

Who Is Jesus?

STUDY TEXT: [MATTHEW 27:45–28:10](#)

BIG IDEA 1:

Jesus Is the Promised Messiah Who Is Fully God and Fully Man (Isaiah 7:14; 9:6–7; Luke 2:25–32)

Notes and application:

BIG IDEA 2:

Jesus Died and Rose Again to Defeat Sin and Death (Matthew 27:45–28:10)

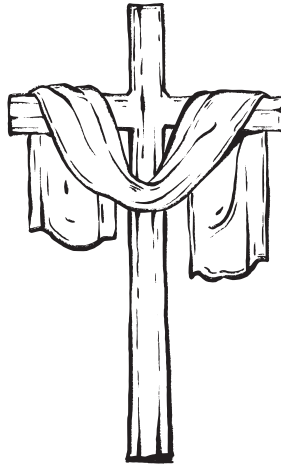
Notes and application:

BIG IDEA 3:

Jesus Is the Only Way to God (John 14:6; Romans 3:23–24; Galatians 2:16)

Notes and application:

What will I put into practice this week?



WHO *Is* JESUS?

Was Jesus a Real Historical Person?

Some people wonder whether Jesus actually existed or if He's just part of a religious story. Both history and Scripture point to the same conclusion: Jesus was a real person who lived in history.

- Non-Christian historians like Tacitus and Josephus wrote about Jesus and His execution
- The Gospels record detailed, eyewitness-based accounts of His life
- Even His opponents did not deny His existence; they responded to His claims

BOTTOM LINE:

JESUS IS NOT A MYTH. HE IS A REAL PERSON WHO LIVED IN HISTORY.

What Did Jesus Claim About Himself?

Jesus didn't just teach about God; He made bold and unmistakable claims about who He is:

- He forgave sins (MARK 2:5–7)
- He accepted worship (MATTHEW 14:33; JOHN 9:38)
- He called Himself the Son of God (JOHN 10:36; JOHN 11:4)
- He claimed equality with God (JOHN 10:30–33)

The people who heard Him understood exactly what He was saying. Some believed, but others wanted Him killed because of these claims.

BOTTOM LINE:

JESUS DIDN'T CLAIM TO BE JUST A TEACHER. HE CLAIMED TO BE GOD.

If Jesus really lived—and if He really made these claims—then we're left with an important question:

Who do you believe He is?

Following Jesus

Take a moment to consider what it means to follow Jesus as Lord in your everyday life.

1. Identify one area of your life that you need to submit to Jesus as Lord.

2. What would following Jesus look like here?

3. What one step will you take this week to submit to Jesus?

4. When will you do it?

LESSON 5 TEACHING OUTLINE

OCTOBER 4, 2026

FAMILY THEME

Who Is the Holy Spirit?

STUDY TEXT

JOHN 14:16-26; ACTS 2:1-4

Connect

VIDEO: Begin by showing this video that explains the Holy Spirit's role in Creation: tinyurl.com/D6Third.

GAME: Divide into three smaller groups. Assign each group one of the following: "God the Father," "Jesus," or "Holy Spirit." Give each group 60 seconds to list as many words or phrases as they can that describe or are associated with their Person of the Godhead. Ask the group assigned "Holy Spirit" if they found this more difficult than the others groups? If so, why do they think that is?

CULTURAL MOMENT: Ask your group, *How have you seen the idea of "spirit" misunderstood in culture?* After discussion, explain that many people carry those same assumptions into their understanding of the Holy Spirit. Say, *Today we'll see how Scripture defines the Holy Spirit.*

Teaching the Truth

BIG IDEA 1: The Holy Spirit Is God and Has Been Present and Active From the Beginning of Creation (Genesis 1:1-2; Psalm 139:7-10)

Live It Out: Recognize and reflect on who the Holy Spirit truly is.

- *Why is it important that the Holy Spirit is part of the Trinity and not separate from God?*
- *What difference does it make that the same Spirit present at Creation is still at work today?*

Live It Out: Reflect on the reality of the Holy Spirit's constant presence.

- *What does Psalm 139 teach us about the Holy Spirit's presence in every part of our lives?*
- *In what ways can remembering God's constant presence bring both comfort and conviction?*

Encourage your learners to memorize the Family Scripture of the Month (**Colossians 2:6-7**) along with family members.

Pass out copies of the AH 5-2 Adult Member Outline.

BIG IDEA 2: The Holy Spirit Dwells in Every Believer
(John 14:16–17; Acts 2:1–4; 1 Corinthians 6:19)

Live It Out: Consider what changed when the Holy Spirit was given to all believers at Pentecost.

- *Why is it significant that the Holy Spirit now dwells in every believer, not just a select few?*
- *What does this change reveal about God’s desire for a personal relationship with us?*

Live It Out: Reflect on what it means that the Holy Spirit lives within every believer.

- *How does knowing that the Holy Spirit lives within you affect how you view your daily life?*
- *In what ways could remembering the Holy Spirit’s presence shape your choices or priorities this week?*

BIG IDEA 3: The Holy Spirit Helps Us Know and Follow Jesus
(John 14:26; 15:26)

Live It Out: Pay attention to how the Holy Spirit helps you know and understand Jesus.

- *What are some ways the Holy Spirit helps us better understand God’s truth?*
- *How can we become more receptive to the Spirit’s work in helping us know Jesus?*

Live It Out: Respond to the Holy Spirit’s work in your life this week.

- *How have you seen the fruit of the Spirit growing in your life over time?*
- *How has the Holy Spirit been working in your life recently to make you more like Jesus?*

Respond

FAITH AT HOME: Encourage group members to take one intentional step this week to talk about the Holy Spirit with their family, friends, or roommates. Encourage them to read one of the key passages from this lesson together and talk about what it teaches.

SHARING ONE’S FAITH: Encourage group members to look for one opportunity this week to share what they have learned about the Holy Spirit with someone else.

REFLECTION: Encourage learners to spend time this week intentionally depending on the Holy Spirit in one specific area. Challenge them to pause and pray, asking the Holy Spirit to help them in that moment.

Distribute copies of *As You Go* (AYG-5) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.

OCTOBER 4, 2026

Who Is the Holy Spirit?

STUDY TEXT: JOHN 14:16-26; ACTS 2:1-4

BIG IDEA 1:
The Holy Spirit Is God and Has Been Present and Active From the Beginning of Creation
(Genesis 1:1-2; Psalm 139:7-10)
Notes and application:

BIG IDEA 2:
The Holy Spirit Dwells in Every Believer (John 14:16-17; Acts 2:1-4; 1 Corinthians 6:19)
Notes and application:

BIG IDEA 3:
The Holy Spirit Helps Us Know and Follow Jesus (John 14:26; 15:26)
Notes and application:

What will I put into practice this week?



Who *Is the* Holy Spirit?

MISCONCEPTIONS VS. TRUTH

MISCONCEPTION #1

The Holy Spirit is just a force or feeling.

TRUTH

The Holy Spirit is a Person.

- He speaks (Acts 13:2).
- He teaches (John 14:26).
- He guides (John 16:13).
- He can be grieved (Ephesians 4:30).

MISCONCEPTION #2

The Holy Spirit is not fully God.

TRUTH

The Holy Spirit is fully God.

- He is the third Person of the Trinity and was present at Creation (Genesis 1:2).
- He is always present (Psalm 139:7–10).

MISCONCEPTION #3

The Holy Spirit is distant or only for certain people.

TRUTH

The Holy Spirit dwells in every believer

- He lives with you and will be in you (John 14:16–17).
- He is given to all believers (Acts 2:1–4).
- Your body is His temple (1 Corinthians 6:19).

MISCONCEPTION #4

The Holy Spirit is mainly about feelings or experiences.

TRUTH

The Holy Spirit helps us know and follow Jesus.

- He teaches truth (John 14:26).
- He points to Jesus (John 15:26).
- He produces godly character (Galatians 5:22–23).

MISCONCEPTION #5

If I don't feel the Holy Spirit, He isn't there.

TRUTH

The Holy Spirit's presence is based on God's promise.

- He dwells in believers (1 Corinthians 6:19).
- His presence is constant, even when not felt.



Depending *on the* Holy Spirit

Take time this week to intentionally depend on the Holy Spirit in your everyday life.

1. Where Do I Need Help?

Identify one area where you need the Holy Spirit's guidance, strength, or understanding.

2. Ask for Help

Take a moment to pray and ask the Holy Spirit to help you in this area. What did you ask Him for?

3. What Did I Notice?

Throughout the week, pay attention to how the Holy Spirit is at work (through Scripture, conviction, peace, or growth).

4. How Will I Respond?

The Holy Spirit is always present and at work, even when you don't feel it.

LESSON 6 TEACHING OUTLINE
OCTOBER 11, 2026

FAMILY THEME

What Is Discipleship?

STUDY TEXT

MARK 1:14-20

Connect

REFLECTION ACTIVITY: Ask learners to think about a time they stepped into a new season of life, moved away from something familiar, or took an unfamiliar opportunity. Say: *Following Jesus required the disciples to leave behind security and routine in order to follow Him.*

GROUP DISCUSSION: Ask, *What does it take for you to truly follow someone?* Then ask, *What would make someone leave behind security, career plans, or comfort to follow another person?*

DISCUSSION STARTER: Begin by asking, *Who has had the greatest influence on your life or faith? What made that influence so meaningful?*

Teaching the Truth

BIG IDEA 1: Following Jesus Requires Surrender, Trust, and Daily Obedience (Mark 1:14-17a)

Live It Out: Identify an area of your life where following Jesus requires deeper trust or surrender. Ask God to help you follow Him more fully.

- *Why do you think Jesus called ordinary people to follow Him?*
- *What makes surrender difficult when following Christ?*

Live It Out: Follow Jesus more intentionally in everyday life this week through your words, attitudes, relationships, or decisions.

- *How would you explain the difference between believing in Jesus and truly following Him?*
- *What are some ways following Jesus should shape everyday decisions and relationships?*

Encourage your learners to memorize the Family Scripture of the Month (**Colossians 2:6-7**) along with family members.

Pass out copies of the AH 6-2 Adult Member Outline.

BIG IDEA 2: Spiritual Growth Happens Intentionally Through a Relationship With Christ (Mark 1:18–20)

Live It Out: Choose one intentional step that can help you grow spiritually this week. Spend additional time in Scripture, strengthen a prayer habit, connect with a mentor, or encourage another believer in his or her faith journey.

- *Why does spiritual growth require intentionality rather than passive belief?*
- *Which spiritual habits most help believers grow in their relationship with Christ?*
- *Why is spiritual community important for continued growth as a disciple?*
- *How can discipleship become more than a once-a-week activity?*

BIG IDEA 3: Healthy Disciples Help Others Follow Jesus and Grow in Their Faith (Mark 1:17b)

Live It Out: Identify one person God may be inviting you to influence spiritually. It could be a family member, coworker, classmate, neighbor, or fellow church member. Pray for that person this week and look for one practical opportunity to encourage, serve, or invest in that person’s faith journey.

- *Why do you think Jesus connected discipleship with influencing others?*
- *What differences do you see between the disciples’ commitment to Jesus and the way discipleship is often practiced today?*
- *How can believers influence others without pretending to be perfect?*
- *What are some practical ways believers can intentionally invest in others spiritually?*

Respond

FOLLOWING JESUS MORE DEEPLY: Encourage group members to identify one area of life that has not fully come under Christ’s leadership. Challenge them to spend time in prayer this week asking God to help them surrender that area to Him and trust Him more fully in daily life.

SPIRITUAL GROWTH: Encourage learners to choose and practice one intentional habit that can strengthen their walk with Christ this week.

INVESTING IN OTHERS: Ask group members to identify one person who may need encouragement, spiritual direction, or a deeper relationship with Christ. Challenge them to look for one practical opportunity this week to invest in that person through prayer, conversation, service, encouragement, or sharing what God is teaching them.

Distribute copies of AH 6-3 (Where Should I Start Reading the Bible?)

Distribute copies of As You Go (AYG-6) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.

OCTOBER 11, 2026

What Is Discipleship?

STUDY TEXT: MARK 1:14-20

BIG IDEA 1:

Following Jesus Requires Surrender, Trust, and Daily Obedience (Mark 1:14-17a)

Notes and application:

BIG IDEA 2:

Spiritual Growth Happens Intentionally Through a Relationship With Christ (Mark 1:18-20)

Notes and application:

BIG IDEA 3:

Healthy Disciples Help Others Follow Jesus and Grow in Their Faith (Mark 1:17b)

Notes and application:

What will I put into practice this week?

Where Should I Start Reading the Bible?

Spending time in God’s Word is one of the most important ways believers grow in their relationship with Christ. If you are unsure where to begin, here are a few helpful starting places based on what you might need in this season of life.

IF YOU WANT TO...

Know Jesus Better

JOHN LUKE MARK

These books focus on the life, teachings, miracles, death, and resurrection of Jesus.

IF YOU NEED...

Wisdom for Daily Life

PROVERBS JAMES

These books offer practical wisdom for decisions, relationships, speech, work, and everyday living.

IF YOU NEED...

Encouragement or Comfort

PSALMS PHILIPPIANS

These passages remind believers of God’s faithfulness, peace, strength, and presence in every season.

IF YOU WANT TO...

Grow Spiritually

ROMANS EPHESIANS COLOSSIANS

These books help believers understand spiritual growth, identity in Christ, grace, faith, and Christian living.

IF YOU WANT TO...

Understand Discipleship

DEUTERONOMY 6 1 PETER MATTHEW 5-7 MARK 1

These passages focus on following Jesus, spiritual maturity, obedience, and living faithfully as His disciple.

Helpful Habits for Spiritual Growth

- ☐ Read a small portion of Scripture consistently each day.
- ☐ Pray before and after reading.
- ☐ Write down what God is teaching you.
- ☐ Talk about Scripture with a trusted believer, mentor, or family member.
- ☐ Focus on application, not just information.

D6 Discipleship Journals

ADVENTURE KIDS
Grades K-2

EXPLORERS
Grades 3-5

VELOCITY
Young Teen

FORWARD
High School

BRINK
Young Adult

FUSION GENERATIONS
Adult

D6 Discipleship Journals provide daily devotions, guided Scripture reading, and space for journaling and reflection throughout the week. These resources are designed to help individuals and families continue growing spiritually beyond the classroom and create opportunities for ongoing discipleship conversations at home.

LESSON 7 TEACHING OUTLINE

OCTOBER 18, 2026

FAMILY THEME

What Good Is Christianity?

STUDY TEXT

JOHN 14:6; LUKE 6:43-44

Connect

VIDEO: Consider showing this video that illustrates the good that Christianity is doing in the world: tinyurl.com/D6BigLeague.

CONVERSATION STARTER: Ask, *If you had to define a “good life,” what would you include?* Write a few responses on the board (truth, relationships, purpose, beauty, etc.). After discussion, say, *The ideas of truth, goodness, and beauty are central to Christianity.*

STORY: Tell a brief story about a historical figure like William Wilberforce (abolition of slavery) or a missionary who made a difference through faith. Then ask, *What motivated this person to do what they did?* After discussion, say, *Today we’ll explore how Christian belief has shaped actions like these.*

Teaching the Truth

BIG IDEA 1: Christianity Provides the Foundation for Truth About Reality (Romans 1:18–20; Isaiah 1:18)

Live It Out: Recognize that Christianity provides a reliable foundation for truth, helping people understand reality and live with clarity and confidence.

- *Why does it matter that truth is rooted in God rather than personal opinion or culture?*
- *How does confusion about truth affect the way people make decisions or live their lives?*

Live It Out: Be prepared to explain how Christianity not only claims truth but has shaped the world in meaningful and lasting ways.

- *How has Christianity’s view of truth influenced areas like science, education, and culture?*
- *Why does it matter that Christianity encourages both faith and reason?*

BIG IDEA 2: Christianity Provides the Foundation for Goodness and Righteous Living (Psalm 34:8; Romans 2:14–15)

Encourage your learners to memorize the Family Scripture of the Month (**Colossians 2:6–7**) along with family members.

Pass out copies of the AH 7-2 Adult Member Outline.

Live It Out: Recognize that God’s standard of right and wrong provides a foundation for how people live, make decisions, and relate to one another.

- *Why is it important for people and societies to have a shared understanding of right and wrong? What does Romans 2:15 tell us about that shared understanding?*
- *How does God’s standard of goodness shape the way people treat one another in everyday life?*

Live It Out: Reflect the goodness of Christ by intentionally showing compassion, justice, and care to others.

- *What would everyday life look like if the moral teachings of Jesus were ignored or removed from society? How does this show us that God’s ways are best?*
- *As Christians, what is our responsibility when it comes to reflecting God’s goodness and responding to injustice?*

BIG IDEA 3: Christianity Provides the Foundation for Beauty and a Beautiful Life (Psalm 27:4; John 10:10)

Live It Out: Recognize that true beauty is rooted in God and shapes how we understand meaning, purpose, and the fullness of life.

- *What are some examples of beauty in the world that point beyond themselves to something greater? Why are people drawn to beauty, meaning, and purpose in life?*
- *How does a biblical understanding of beauty differ from the idea that “beauty is in the eye of the beholder”?*

Live It Out: Pursue a beautiful life by reflecting Christ’s character in your attitudes, actions, and relationships.

- *How does following Jesus reshape what we see as meaningful or fulfilling in life?*
- *What is one practical way you can bring beauty, hope, or restoration into someone’s life this week?*

Respond

SHARING ONE’S FAITH: Encourage learners to share with a friend, coworker, or family member one way Christianity brings truth, goodness, or beauty into the world. Challenge them to look for an opportunity this week to explain how their faith in Jesus shapes how they see life and gives hope.

FAITH IN ACTION: Challenge learners to identify one practical way they can reflect the goodness of Christ this week—showing compassion, meeting a need, standing for what is right, etc. Encourage them to think of a specific person they can serve and take intentional action.

REFLECTION: Encourage group members to reflect on how following Jesus brings meaning, purpose, and beauty to life. Ask them to notice where God’s goodness and beauty are evident—in creation, relationships, or everyday moments.

Distribute copies of *As You Go* (AYG-7) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.

OCTOBER 18, 2026

What Good Is Christianity?

STUDY TEXT: JOHN 14:6; LUKE 6:43-44

BIG IDEA 1:

Christianity Provides the Foundation for Truth About Reality (Romans 1:18-20; Isaiah 1:18)

Notes and application:

BIG IDEA 2:

Christianity Provides the Foundation for Goodness and Righteous Living

(Psalm 34:8; Romans 2:14-15)

Notes and application:

BIG IDEA 3:

Christianity Provides the Foundation for Beauty and a Beautiful Life (Psalm 27:4; John 10:10)

Notes and application:

What will I put into practice this week?



What Good Has Christianity Done?

CHRISTIANITY AND GOODNESS IN THE WORLD

Across history, Christianity has produced more moral good for the world than any other system of belief or practice. People all over the world—even those who are not Christians—recognize the impact of Jesus' teachings:

- **Love your neighbor as yourself**
MATTHEW 22:39
- **Treat others as you would want to be treated**
LUKE 6:31
- **Care for the poor, the sick, and those in need**
MATTHEW 25:35–36
- **Defend the vulnerable**
JAMES 1:27

These ethical ideals originated from the Judeo-Christian worldview, exemplified first in Jesus Christ, and then emulated by His followers.

CHRISTIANITY'S IMPACT ON THE WORLD

It is due to the incomparable goodness of Christ that Christianity has been responsible for uniquely gifting to the world:

- **Hospitals and medical care**
- **Orphanages and care for children**
- **Charitable organizations and missions**
- **Universities and education for all**
- **The abolition of slavery**
- **The uplifting of women**
- **Human rights and equality**

Where Christianity has taken root, truth has been pursued, goodness has been practiced, and beauty has been created. The impact of Christianity points to the truth of Christ.

CHRISTIANITY AND BEAUTY

Christianity provides the basis for the ideal of beauty, for God is the source of all beauty. The cultural fruit of Christianity is unparalleled in terms of the beauty it has inspired and cultivated:

- **Literature, poetry, and storytelling**
- **Music and worship**
- **Sculpture, painting, and architecture**

A world without Christianity is a world without Michelangelo's *David*, da Vinci's *The Last Supper*, Bach's music, or works like *The Lord of the Rings*.



The Goodness *and* Beauty of God

Use one or more of the ideas below this week to intentionally notice the goodness and beauty of God in everyday life.

- 1. Take a walk without your phone.**
Pay attention to creation—the sky, trees, sounds, and details you usually miss.
- 2. Listen to a piece of beautiful music (e.g., Bach, a hymn, or instrumental worship).**
Reflect on how it points to order and beauty.
- 3. Read a psalm slowly (Psalm 19, 27, or 104).**
Notice how it describes God's goodness and beauty.
- 4. Observe an act of kindness.**
Look for someone serving, helping, or encouraging another person.
- 5. Encourage someone intentionally.**
Send a message or speak words that build someone up.
- 6. Create something.**
Write, draw, cook, build, or make something and reflect on God as Creator.
- 7. Spend time in silence and prayer.**
Ask God to help you notice where He is at work around you.
- 8. Notice beauty in ordinary moments.**
A meal, a conversation, laughter—recognize these as gifts from God.
- 9. Reflect on a story of good in the world.**
Read or watch something that highlights compassion, justice, or restoration.
- 10. Serve someone in a practical way.**
Meet a need, help without being asked, or show generosity.

Which one will you try this week?

LESSON 8 TEACHING OUTLINE
OCTOBER 25, 2026

FAMILY THEME

How to Study and Live Out the Bible

STUDY TEXT

PSALM 119:1–42

Connect

VIDEO: Show this video in which the Creation Museum traces the different forms the Bible has taken throughout the centuries and its importance to believing communities: tinyurl.com/D6Creation.

STORY: In *The Hiding Place*, Corrie ten Boom tells how she and her family helped Jews escape the Nazis during World War II. After being arrested, Corrie and her sister Betsie were sent to the Ravensbrück concentration camp. Despite strict searches, Corrie was able to smuggle a Bible into the camp. *Why do you think Corrie risked so much to bring a Bible?*

OBJECT LESSON: Bring a simple item with instructions (e.g., a board game, small appliance, LEGO® set). Ask, *Would you try to use this without reading the instructions?* After discussion, say, *Many people approach the Bible the same way. They try to use it without taking time to understand it.*

Teaching the Truth

BIG IDEA: Consistent Engagement With God’s Word Leads to Understanding (Psalm 119:1–16)

Live It Out: Engage with God’s Word consistently this week. Aim for four or more times and explore different ways of interacting with Scripture.

- *What is your go-to method of engaging with the Bible? Why does it work for you?*
- *Which form of Bible engagement—reading, listening, memorizing, or discussing—would you like to grow in?*
- *What are some common obstacles that keep people from engaging with Scripture regularly? How can those be overcome?*
- *What difference might it make in your life to engage with Scripture four or more times each week?*

Encourage your learners to memorize the Family Scripture of the Month (**Colossians 2:6–7**) along with family members.

Pass out copies of the AH 8-2 Adult Member Outline.

BIG IDEA 2: Healthy Curiosity in God’s Word Leads to Deeper Understanding and Growth (Psalm 119:17–18)

- Live It Out:** Take time this week to pause during your Bible reading and ask questions that help you understand, apply, and respond to God’s Word.
- *Of all the topics or events in Scripture, which ones make you most curious? Why?*
 - *What are some helpful questions you can ask as you study the Bible to better understand and apply it?*
 - *Many Christians express concerns when people ask hard questions about the Bible. Do you see this as a crisis of faith or an opportunity for God’s Word to prove itself?*
 - *How might asking more questions during your Bible study change the way you understand and apply God’s Word?*

BIG IDEA 3: Genuine Fellowship in God’s Word Leads to Growth and Faithfulness (Psalm 119:19–42)

- Live It Out:** Share something you have learned from God’s Word with another believer this week, and invite them to share what they are learning as well.
- *What are some benefits you have experienced in studying God’s Word with other Christians?*
 - *What are some ways our group/class can help others feel welcomed or encouraged to study the Bible with us?*
 - *Name a few people who have invested in you spiritually. How has their encouragement or teaching helped you grow in your understanding of God’s Word?*
 - *What is one way you can encourage or support another believer in their walk with God this week?*

Respond

FAITH AT HOME: Encourage group members to ask their family or roommates what questions they have about the Bible. Ask them to explore those questions together by reading Scripture, discussing what it means, and modeling how to study God’s Word.

SHARING ONE’S FAITH: People are spiritually hungry. Encourage group members to look for a natural opportunity this week to talk with a friend, coworker, or neighbor about something they’ve discovered in their Bible study.

SERVING THE CHURCH: Encourage group members to strengthen someone in the church this week by sharing a passage of Scripture that has been meaningful to them. Remind them that God often uses His Word to encourage and build up others.

Distribute copies of As You Go (AYG-8) and encourage your learners to complete the daily devotions in their D6 Discipleship Journals this week.

OCTOBER 25, 2026

How to Study and Live Out the Bible

STUDY TEXT: PSALM 119:1-42

BIG IDEA 1:

Consistent Engagement With God’s Word Leads to Understanding (Psalm 119:1-16)

Notes and application:

BIG IDEA 2:

Healthy Curiosity in God’s Word Leads to Deeper Understanding and Growth (Psalm 119:17-18)

Notes and application:

BIG IDEA 3:

Genuine Fellowship in God’s Word Leads to Growth and Faithfulness (Psalm 119:19-42)

Notes and application:

What will I put into practice this week?



How *to* Study *the* Bible

OBSERVE → UNDERSTAND → APPLY

God's Word is meant to transform us, not just inform us.
Use this simple process as you read Scripture this week.

01 - OBSERVE

What does the passage say?

Slow down and notice what is actually in the text.

- + Who is speaking?
- + What is happening?
- + Are there repeated words or ideas?
- + What stands out to you?

KEY PASSAGES:

- Nehemiah 8:8
- Acts 17:11

02 - UNDERSTAND

What does the passage mean?

- + Look deeper to understand the message.
- + What is the context?
- + How does this fit with the rest of Scripture?
- + What does this teach about God, people, or the world?

KEY PASSAGES:

- Luke 24:27
- 2 Peter 1:20

03 - APPLY

How should I respond?

God's Word calls for a response.

- + Is there something to obey?
- + Is there a sin to avoid or confess?
- + Is there a promise to trust?
- + How should this change the way I live?

KEY PASSAGES

- James 1:22
- Matthew 7:24-27